

## CLEAR THE CLUTTER

A cluttered \_\_\_\_ leads to a cluttered \_\_\_\_, and impacts your spiritual growth.

**Cluttered Mind:** Mental distractions that \_\_\_\_ your \_\_\_\_ focus.

When your mind and vision are \_\_\_\_, you accelerate your \_\_\_\_ toward your destination.

There are some telling \_\_\_\_ of a cluttered mind:

**1. \_\_\_\_ and Anxiety**

**Philippians 4:6-7**

**2. Lack of \_\_\_\_:**

**James 1:8**

**3. Spiritual \_\_\_\_:**

**Hebrews 12:1**

**Martha's \_\_\_\_ vs. Mary's \_\_\_\_**

**Luke 10:38-42**

Martha was focused on her \_\_\_\_ tasks, that kept her \_\_\_\_ from what mattered most. Mary was focused on Jesus and His teaching, \_\_\_\_ spiritual nourishment over busyness.

Martha's life was cluttered and \_\_\_\_, while Mary's was clear and \_\_\_\_.